# BENGAL PRIDE



#### **STARTERS**

Onion Bhaji v £2.95 Spiced onion balls, deep fried.

Samosa c £2.95

Pastry stuffed with meat or vegetables & deep fried.

Desi Singara v £3.50

Spicy potato, peas & vegetables stuffed in thin dough & deep fried, popular Indian street food.

Aloo Chaat Puri vg £3.50

Cubed potato cooked with chaat masala sauce, served on a thin puri bread.

Chicken Pakora G £3.50

Chicken breast pieces dipped in spicy batter & deep fried.

Chicken Tikka £3.50

Marinated & cubed chicken, barbecued in the tandoor.

Tandoori Chicken £3.50

Marinated chicken breast or leg pieces on the bone, barbecued in the tandoor.

Sheek Kebab £3.50

Marinated minced lamb, grilled in the tandoor.

Lamb Tikka £3.95

Marinated & cubed lamb, barbecued in the tandoor.

Chicken
Chaat Puri G £4.25

Chicken cooked bhuna style with chaat masala sauce, served on puri bread.

Sizzling Chicken £4.25

Thinly sliced chicken (or lamb +50p) tikka, stir fried with onion & green pepper with herbs & spices a touch of methi.

Naga Chicken £4.25

Special chilli flavoured, home-cooked chicken (or lamb +50p) hot dish.

Mixed Kebab £4.25

Includes chicken tikka, lamb tikka & sheek kebab. Korai Kebab £4.25

Chicken tikka, lamb tikka & sheek kebab, barbecued in the tandoor then re-cooked in a medium sauce.

Chicken Satay £4.50

Sweet & spicy chicken with satay sauce.

Honey Chicken Tikka

Chicken tikka pieces, marinated in yogurt with honey & infused with crushed chillies.

£4.50

Fish Masala c £4.50

White fish, dusted with masala spices & deep fried.

Stuffed Pepper £4.75

Lightly spiced & marinated chicken in a whole green pepper, then barbecued in the tandoor.

Chicken Nambali £4.75

Whole marinated chicken breast fillet covered in melted cheese.

Sweet Chilli Squid G £5.25

Squid rings in tempura batter, deep fried & served with sweet chilli sauce.

Sizzling King Prawn £5.25

Stir fried king prawns with sliced green pepper, onion & garlic paste.

King Prawn Puric £5.25

King prawns cooked bhuna style, served on a thin puri bread.

Jinga Hara £5.25

King prawns marinated with mint, coriander & green chilli paste then barbecued in the tandoor.

Sharing Starter
Platter 6 £13.95

A selection of king prawn hara, chicken pakora, chicken & lamb tikka, sheek kebab, onion bhaji & samosa, serves two people.

#### CHFF SPECIALTIES

#### Chilli Paneer v

**‱** £7.50

Fairly dry dish with Indian cheese, chopped green chilli, a touch of methi, herbs & spices. Garnished with flaked chilli & fresh coriander.

#### **Jalfrezi**

🖢 £7.50

Chicken (or lamb £1.00 extra) cooked with fresh green chillies, onion, peppers, herbs & spices.

#### Laknavi

🥗 £7.50

A saucy bhuna chicken (or lamb +£1) dish with garlic paste, lemon juice, herbs & spices.

#### Karai

🖢 £7.50

Medium dish of chicken (or lamb +£1) with diced onion, tomato & green peppers.

#### Butter Chicken N

🥗 £7.95

Strips of fresh, boneless tandoori chicken, cooked in a rich butter sauce with fresh cream, almonds & carefully selected mild spices.

#### Passanda N

**▶** £7.50

Chicken (or lamb +£1) cooked with cream & ground almonds to give it a fruity, nutty flavour, garnished with cashew nuts.

#### Garlic Chilli Karai

🖢 £7.95

Chicken (or lamb +£1) cooked with fresh green chillies, chopped garlic, diced onion & peppers with ground herbs & spices.

#### Assam Special Chicken

**\$2.50** 

Medium spiced chicken (or lamb +£1) cooked with shatkora pickle, a type of lemon that only grows in parts of Bangladesh.

#### **KEY**



🐸 MILD

**MEDIUM** 

VERY HOT!

VEGETARIAN

N CONTAINS NUTS

**G DISH CONTAINS GLUTEN!** 

#### Naga

🖢 £8.50

Chicken (or lamb +£1) flavoured with chilli for a madras hot dish, with naga chilli pickle, herbs & spices.

#### Devdas

👺 £8.95

Marinated chicken & lamb tikka, cooked in a fairly hot sauce with fresh ginger, onion, peppers, pickled chilli & fresh coriander.

#### Chattinard

🐸 £8.95

Chicken cooked in ginger & garlic paste with coconut & green chilli, blended with curry leaf & mustard seeds. A popular dish in South India.

#### Goan Curry

£8.95

Tender pieces of chicken (or lamb +£1) cooked with green chilli, curry leaf & mustard seeds, blended in a rich coconut milk sauce.

#### Fish Moiley

🐸 £8.95

A well known dish from South India with white fish cooked in ginger & garlic paste with coconut & green chilli, blended with curry leaf & mustard seeds.

#### Fish Jalfrezi



A Bengali fillet of fish with fresh green chilli, selected herbs & spices, onion & capsicum.

#### Mixed Grill Karai

🖢 £9.95

Highly flavoured dish with tandoori chicken, chicken tikka, lamb tikka & sheek kebab.

#### Bengal Special Keema

£9.95

Whole chicken breast stuffed with cheese & spinach, oven roasted then cooked in Chefs special minced meat sauce available mild, medium or hot!

#### PREFER LAMB?

UPGRADE FOR £1.00 EXTRA PER DISH

#### VEGETARIAN

#### SPECIALS

#### Mixed Vegetable Relish v

£6.95

Selected fresh vegetables with mushroom, mixed in a blended coriander relish creating a unique tasting dish.

#### Shabji Garlic Chilli v

£6.95

A hot dish of assorted fresh vegetables stir fried with Indian cheese stir fried with diced onion & peppers, fresh garlic & chillies.

#### Paneer Delight v 🐲 £7.25

A very mildly spiced dish of Indian cheese cooked with butter, coconut & cream.

#### Paneer Korai v

**£7.25** 

Cubes of Indian cheese stir fried with diced onion, peppers & herbs in a thick korai sauce.

#### Tandoori Paneer Shashlick v

👺 £8.50

Indian cheese marinated with herbs & spices overnight then barbecued with onion, tomato & pepper. Served with salad & mint sauce.

#### TRADITIONAL **CURRY**

All the traditional curry dishes are available: KormaN, medium curry, Bhuna, Pathia, Dhansak, Saag, Madras, Methi, Vindaloo, Ceylon, MalayanN, Dopiaza & Rogan Josh.

#### Vacatable

vegetable	
& Mushroom v	£5.80
Chicken	£6.50
Lamb	£6.90
Chicken Tikka	£7.50
Lamb Tikka	£7.90
Prawn	£7.90
King Prawn	£9.90
-	

#### TANDOORI 🐸

All tandoori dishes are marinated with herbs & spices overnight then barbecued in the clay tandoor. Served with salad & mint sauce.

#### Tandoori Chicken £6.95

Half on the bone.

#### Tandoori Tikka £7.25

Marinated chicken (or lamb +£1) tikka.

#### Honey Chicken Tikka

£8.50

Chicken breast pieces marinated in yoghurt & chilli infused honey.

#### Tandoori Shashlick

£7.95

Chicken (or lamb +£1) tikka barbecued with onion, tomato & pepper.

#### Tandoori Stir Fry £9.50

Thinly sliced chicken (or lamb +£1), lightly spiced & stir fried with onion & green chilli, infused with liquid seasoning to impart smoky barbecue flavour.

#### Tandoori Mixed Grill £9.50

Chicken tikka, lamb tikka, sheek kebab & tandoori chicken, served with a plain naan & side of curry sauce.

#### Tandoori Fish £9.95

Bengali fish fillet marinated in garlic & ginger, then cooked in a traditional clay oven.

#### Jinga Hara £11.95

King prawns marinated in yogurt with mint, coriander & green chilli paste, then grilled in the tandoor.

#### PREFER A **VEGETARIAN OPTION?**

MOST DISHES CAN BE ADAPTED FOR VEGETARIANS, PLEASE ASK!

#### BALTI &

Made with freshly prepared & ground aromatic spice mixture, combined with fresh garlic, ginger onion, pepper & tomato, to give the Balti dish its distinctive taste. Served with plain naan or pilau rice.

Balti £8.75

Diced chicken (or lamb +£1).

Garlic Korai Balti £9.25

Stir fried chicken (or lamb +£1) with garlic.

Garlic Chilli Balti £9.25

Diced chicken (or lamb +£1) with green chillies & garlic.

Motor Saag Balti £9.50

Diced chicken (or lamb +£1) with chick peas & spinach.

Tandoori King Prawn Balti £11.50

#### **BIRYANI**

All biryani dishes are cooked with pilau rice & served with a vegetable curry.

Vegetable & Mushroom v £6.50
Chicken Biryani £7.50
Lamb Biryani £7.90
Chicken Tikka £8.25
Lamb Tikka £8.75
Mixed Biryani £11.50

Includes mushroom, chicken, lamb & king prawns.

#### MASALA, \*

Nations favourite mild dish cooked with almond, coconut & cream.

Vegetable &	
Mushroom v	£6.25
Chicken Tikka	£7.90
Lamb Tikka	£8.30
Tandoori	
King Prawn	£11.50

#### BENGAL PRIDE

### **SIGNATURE**DISHES

Lamb Exotic



Choice cuts of tender lamb, cooked bhuna style in a sweet & sour sauce, with fresh garden mint & a touch of English mustard for that extra kick!

King prawns cooked with coconut & garnished with flaked almonds & fresh cream laced with Malibu!

Shahi Amachor N 2 £10.50

Marinated chicken or lamb cooked with mango, almonds, cream & Malibu.

Handi Chicken £10.50

A special chicken (or lamb +£1) dish we make for ourselves, authentically spiced & full of mouth watering flavours – definitely for the curry connoisseur!

Jaipur Chicken b £10.50

Marinated chicken grilled in the tandoori oven, combined with fried onion, capsicum & fresh Punjab masala in a thick sauce.

Nepali Mix Moss £10.50

Tandoori chicken off the bone, sliced lamb tikka & chicken tikka cooked with fresh herbs & cream.

# BENGAI PRIDE

# Please review us on Trip Advisor or follow us on social media: @BengalPrideHull

# TELEPHONE 01482 442119 WWW.BENGALPRIDE.CO.UK 133 CHANTERLANDS AVENUE, HULL, EAST YORKSHIRE HU5 3TJ

#### **VEGETABLE SIDES**<sub>v</sub>

<b>Bombay Potatoes</b>	£2.90
Chana Bhaji Chickpea	£2.90
Bhindi Bhaji Okra	£2.90
Cauliflower Bhaji	£2.90
Mushroom Bhaji	£2.90
Vegetable Bhaji	£2.90
Saag Aloo Spinach & potato	£2.90
Saag Paneer Spinach & cheese	£2.90
Tarka Dhal Lentil & garlic	£2.90

#### RICE DISHES

Plain Boiled Rice v	£2.10
Pilau Rice v	£2.30
Egg Rice v	£2.50
Garlic Rice v	£2.50
Chilli Rice v	£2.50
Vegetable Rice v	£2.50
Mushroom Rice v	£2.50
Special Fried Rice N	£2.50
Keema Rice Minced meat	£2.50
Khuska Rice vn	£2.50

#### **BREAD**<sub>G</sub>

Chapati v	£1.10
Puri v Crispy puffed bread	£1.00
Paratha v Flatbread	£2.50
Paratha v Vegetable stuffing	£2.50
Plain Naan v	£2.20
Garlic Naan v	£2.50
Chilli Naan v Green chillies	£2.50
Cheese Naan v Grated cheddar	£2.50
Keema Naan Minced meat	£2.50
Peshwari Naan vn	£2.50

#### **SUNDRIES**<sub>v</sub>

Chips	£2.00
Papadum Plain or spicy	60p
Green Salad	£1.10
Raitha Cucumber or onion yoghurt	£1.20
Pickles Tray	£3.00
Dt.1.1 1	70

#### SET MENU CURRY FOR TWO £28.50

STARTERS
Onion Bhaji v
Samosa c
MAINS
Nepali Mix Moss
Chicken Karai

Bombay Potatoes v Pilau Rice v Garlic Naan ve

# SET MENU TANDOORI FOR TWO £31.50

STARTERS Sheek Kebab Chicken Tikka

**MAINS** 

Chicken Shashlick 🥙 Tandoori Mixed Grill 🧶

**SIDES** 

Curry Sauce v Pilau Rice v Garlic Naan vg

PREFER LAMB? UPGRADE FOR £1 EXTRA PER DISH

#### **DINE IN SPECIAL OFFERS**

- Thali All-You-Can-Eat Sunday ONLY!£14.95 per person
- Special Set Menu Monday & Tuesday ONLY!£13.95 per person

## COLLECTION ONLY OFFERS

- Collect five meal stamps
   & receive a sixth dish
   HALF PRICE (50% taken off cheapest dish price).
- Two FREE bottles of beer
   on orders over £40.00

1	2
3	4
5	6

#### PLEASE NOTE

Products are fried in oil produced from genetically modified soya. We take great care to remove the bones and cartilage from our boneless items, but there is a small chance of finding them. Although we aren't a vegetarian restaurant our kitchen aims to keep non-meat items separate from meat products. However, we can not guarantee there will be no cross-contamination.