

DINE-IN MENU

BENGAL PRIDE

TRADITIONAL CURRIES

All the traditional curry dishes are available: Korma 🌱, Bhuna, Pathia, Dhansak, Saag, Madras, Methi, Vindaloo, Ceylon, Malayan 🌱, Dopiaza, Rogan Josh & medium curry.

VEGETABLE & MUSHROOM £7.50 🌱

CHICKEN £7.95

LAMB £8.95

CHICKEN TIKKA £9.50

LAMB TIKKA £9.95

PRAWN £11.95

KING PRAWN £13.95

MASALA 🌱

The nations favourite mild dish, cooked with almond, coconut & cream.

VEGETABLE & MUSHROOM MASALA £7.95 🌱

CHICKEN TIKKA MASALA £9.50

LAMB TIKKA MASALA £9.95

CHITTAGONG CHINGRI MASALA £13.95

Giant Bay of Bengal king prawns are baked in the clay oven & then gently simmered in yohurt & masala sauce.

SIDE DISHES 🌱

BOMBAY POTATO £3.95

BHINDI BHAJI £3.95 Okra.

CAULIFLOWER BHAJI £3.95

MUSHROOM BHAJI £3.95

ALOO GOBI £3.95 Potato & cauliflower.

SAAG PANEER £3.95 Indian cheese & spinach.

SAAG ALOO £3.95 Spinach & potato.

GRANDMOTHER DHAL £3.95

Split red lentil & chickpeas.

CHANNA BHAJI £3.95 Chickpeas.

MOTOR PANEER £3.95

Indian cheese with garden peas.

DESHI HANDI

'Desi' is used to describe Asian style cooking, 'handi' is a unique large cooking pot that is used specially to prepare food in Indian homes. Usually prepared for the staff, with tender pieces of chicken or lamb, this authentically spiced dish is cooked on a slow simmering heat using the 'handi' cooking method, definitely for the curry connoisseur!

CHICKEN / LAMB HANDI KORMA £10.95 🌱

CHICKEN / LAMB HANDI BHUNA £11.95

CHICKEN / LAMB HANDI SAAGWALA £11.95

CHICKEN / LAMB KEEMA HANDI £11.95 Minced meat.

ENGLISH DISHES

Served with chips, peas & side salad.

SIRLOIN STEAK £14.95

FRIED CHICKEN £9.95

SCAMPI £9.95

CHICKEN OMELETTE £9.95

RICE DISHES

BOILED RICE £2.90 🌱

PILAU RICE £2.90 🌱

EGG RICE £3.20 🌱

MUSHROOM RICE £3.20 🌱

GARLIC RICE £3.20 🌱

VEGETABLE RICE £3.20 🌱

CHILLI RICE £3.20 🌱

SPECIAL FRIED RICE £3.20 🌱🌱

Rice with egg, garden peas & nuts.

KEEMA RICE £3.20 Spiced lamb.

COCONUT RICE £3.20 🌱🌱

Coconut & sultanas.

BALTI

Made with freshly prepared & ground aromatic spice mixture, combined with fresh garlic, ginger, onion, pepper & tomato – to give the Balti dish its distinctive taste. Served with plain naan or pilau rice.

CHICKEN TIKKA BALTI £9.95

GARLIC CHICKEN KORAI BALTI £10.95

GARLIC CHILLI CHICKEN BALTI £10.95

LAMB MOTOR SAAG BALTI £11.95

TANDOORI KING PRAWN BALTI £13.95

BIRYANI

All biryani dishes are cooked with pilau rice & served with a vegetable curry.

VEGETABLE & MUSHROOM BIRYANI £8.75 🌱

CHICKEN BIRYANI £9.50

LAMB BIRYANI £9.95

CHICKEN TIKKA BIRYANI £9.95

LAMB TIKKA BIRYANI £10.95

MIXED BIRYANI £11.95

Mushroom, chicken, lamb & prawn.

KING PRAWN BIRYANI 13.95

BREAD 🌱

PLAIN NAAN £2.80 🌱

GARLIC NAAN £3.10 🌱

PESHWARI NAAN £3.10 🌱🌱

KEEMA NAAN £3.10 Spiced minced lamb.

KULCHA NAAN £3.25 🌱 Cheese & onion.

CHICKEN TIKKA NAAN £3.50

PARATHA £2.95 🌱

STUFFED PARATHA £3.25 🌱

CHAPATI £1.95 🌱

TANDOORI

All tandoori dishes are marinated with herbs & spices overnight then barbecued in the clay tandoor. Served with salad & mint sauce.

TANDOORI CHICKEN £9.50
Half-on-the-bone.

CHICKEN TIKKA £9.50
Marinated chicken (or lamb +£1) tikka.

HONEY CHICKEN TIKKA £9.95
Chicken breast pieces marinated in yoghurt & chilli infused honey.

CHICKEN SHASLICK £10.95
Chicken (or lamb +£1) tikka barbecued with onion, tomato & pepper.

TANDOORI STIR FRY £10.95
Thinly sliced chicken (or lamb +£1), lightly spiced & stir fried with onion & green chilli, infused with liquid seasoning to impart smoky barbecue flavour.

TANDOORI MIXED GRILL £12.95 🌱
Chicken tikka, lamb tikka, sheek kebab & tandoori chicken, served with plain naan & side of curry sauce.

TANDOORI FISH £12.95
Bengali fish fillet marinated in garlic & ginger, then cooked in a traditional clay oven.

TANDOORI KING PRAWN £13.95
King prawns marinated in yogurt with mint, coriander & green chilli paste, then grilled in the tandoor & served with rice.

TANDOORI KING PRAWN SHASLICK £14.95
Large seasoned & marinated king prawn skewered with onions, pepper & tomato, then barbecued to perfection in the tandoori clay oven.

SUNDRIES 🌱

CHIPS £2.50

PAPADOM 80P Plain or spicy.

GREEN SALAD £1.95

RAITA £1.95 Yogurt with cucumber or onion.

PICKLE TRAY £3.80

PICKLES 90P each

THALI ALL-YOU-CAN-EAT SUNDAY SPECIAL OFFER!

£14.95 per person

SPECIAL SET MENU MONDAY & TUESDAY ONLY! £13.95 per person

CURRY SET MEAL FOR TWO £34.50

ONION BHAJI 🌱🌱

SAMOSA 🌱

NEPALI MIX MOSS

CHICKEN KARAI

BOMBAY POTATOES 🌱

PILAU RICE 🌱

GARLIC NAAN 🌱🌱

TANDOORI SET MEAL FOR TWO £36.50

SHEEK KEBAB

CHICKEN TIKKA

CHICKEN SHASLICK

TANDOORI MIXED GRILL

CURRY SAUCE 🌱

PILAU RICE 🌱

GARLIC NAAN 🌱🌱

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DINE-IN MENU

BENGAL PRIDE

CONNOISSEUR FUSION APPETISERS

ALOO PALAK PAKORA £4.50

Finely chopped fresh spinach, potato, black pepper & fenugreek blended together with spicy gram flour, deep fried to perfection.

CHICKEN SATAY £5.25

Sweet & spicy chicken with satay sauce.

BEHARI KEBAB £5.50

Chicken tikka & sheek kebab cooked with onion, green pepper & garlic

SATAY SIZZLER £5.50

Chicken tikka & lamb tikka stir fried with mushrooms (contains dairy).

STUFFED PEPPER £5.50

Lightly spiced & marinated chicken in a whole green pepper, then barbecued in the tandoor.

SWEET CHILLI SQUID £5.95

Squid rings in tempura batter, deep fried & served with sweet chilli sauce.

SPICY PANGUSH £5.95

Diced pangush fish, lightly coated in spices, shallow fried & garnished with fried onions.

KAKARA CHAAT £6.25

Spiced minced crab meat with mashed potato, served with puri bread.

ROSHUNI JINGA £6.50

Large king prawn fried with garlic & selected spices, served with garlic sauce

SALMON TIKKA £6.50

Delicate fillet of salmon subtly marinated in tantalising spices then barbecued in the tandoori clay oven.




JINGA BUTTERFLY £6.50

Whole flattened king prawn coated in breadcrumbs then fried.

SHARING STARTER PLATTER £16.95

A selection of king prawn hara, chicken pakora, chicken & lamb tikka, sheek kebab, onion bhaji & samosa, serves two people.

IMPORTANT ALLERGY NOTICE

 Vegetarian.  Contains nuts.  Contains gluten. Products are fried in oil produced from genetically modified soya. We take great care to remove the bones & cartilage from our boneless items, but there is a small chance of finding them. Our kitchen aims to keep non-meat items separate from meat products. However, we cannot guarantee there will be no cross-contamination. ALL PRICES INCLUDE 20% VAT.

TRADITIONAL STARTERS

ONION BHAJI £3.75

Spiced onion balls, deep fried.

MEAT SAMOSA £3.75

Deep fired pastry stuffed with spiced minced lamb.

VEG SAMOSA £3.75

Pastry stuffed with vegetables & deep fried.

DESI SINGARA £4.25

Spicy potato, peas & vegetables stuffed in thin dough & deep fried, popular Indian street food.

ALOO CHAAT PURI £4.50

Cubed potato cooked with chaat masala sauce, served on a thin puri bread.

CHICKEN PAKORA £4.50

Chicken breast pieces dipped in spicy batter & deep fried.

TANDOORI CHICKEN £4.50

Marinated chicken breast or leg pieces on the bone, barbecued in the tandoor.

CHICKEN / LAMB TIKKA £4.50

Marinated & cubed meat, barbecued in the tandoor.

SHEEK KEBAB £4.50

Marinated minced lamb, grilled in the tandoor.

NAGA CHICKEN £4.95

Special chilli flavoured home-cooked chicken (or lamb +50p) – hot dish!

CHICKEN CHAAT £4.95

Chicken cooked bhuna style with chaat

SIZZLING CHICKEN £4.95

Thinly sliced chicken (or lamb +50p) tikka, stir fried with onion & green pepper with herbs & spices a touch of methi. masala sauce, served on puri bread.

FISH MASALA £4.95

White fish, dusted with masala spices & deep fried.

MIXED KEBAB £4.95

Includes chicken tikka, lamb tikka & sheek kebab.

CHEESY CHICKEN £5.50

Whole marinated chicken breast fillet covered in melted cheese.

TANDOORI KING PRAWN £6.50

King sized prawns marinated spices & herbs cooked in the tandoori clay oven.

SEAFOOD SPECIALS

GINGER SEA BASS £14.95

Marinated fillets of sea bass, shallow fried then served on stir fried potato, fresh spinach leaves & tomato, seasoned with chat masala, ginger, black pepper & soy sauce.

SHANDER CHINGRI £14.95

Shell-on king prawn marinated with ginger, garlic, herbs & spices, cooked in a delicate sauce containing hot sweet chilli, coriander, spring onion & parsley for a unique taste .

DESHI PANGUSH £12.95

Sliced fillets of pangush fish with garam masala & herbs, in a light tasty sauce.

SALMON RELISH £14.95

Tempting diced fillet of salmon lavishly spiced & grilled in the tandoori, then cooked in a special blend of fresh coriander relish sauce with a slight infusion of garlic & ginger .

JINGA MALIBU EXOTIC £14.95

King prawns cooked with coconut & garnished with flaked almonds & fresh cream laced with Malibu!

CHEF SPECIALITIES

ASSAM SPECIAL CHICKEN £9.75

Medium spiced chicken (or lamb +£1) cooked with shatkora pickle, a type of lemon that only grows in parts of Bangladesh.

JALFREZI £9.75

Chicken (or lamb £1.00 extra) cooked with fresh green chillies, onion, peppers, herbs & spices.

LAKNAVI £9.75

A saucy bhuna chicken (or lamb +£1) dish with garlic paste, lemon juice, herbs & spices.

BUTTER CHICKEN £9.75

Strips of fresh, boneless tandoori chicken, cooked in a rich butter sauce with fresh cream, almonds & carefully selected mild spices.

PASSANDA £9.75

Chicken (or lamb +£1) cooked with cream & ground almonds to give it a fruity, nutty flavour, garnished with cashew nuts.

GARLIC CHILLI KORAI £9.75

Chicken (or lamb +£1) cooked with fresh green chillies, chopped garlic, diced onion & peppers with ground herbs & spices.

VEGETARIAN SPECIALS

MIX VEGETABLE RELISH £7.95

Selected fresh vegetables with mushroom, mixed in a blended coriander relish creating a unique tasting dish.

SHABJI GARLIC CHILLI £7.95

A hot dish of assorted fresh vegetables stir fried with Indian cheese stir fried with diced onion & peppers, fresh garlic & chillies.

PANEER DELIGHT £8.95

A very mildly spiced dish of Indian cheese cooked with butter, coconut & cream.

PANEER GARLIC KORAI £8.95

Cubed Indian cheese stir fried with diced onion, peppers & herbs in a thick kora sauce.

CHILLI PANEER £8.95

Fairly dry dish with Indian cheese, chopped green chilli, a touch of methi, herbs & spices. Garnished with flaked chilli & fresh coriander.

TANDOORI PANEER SHASLICK £9.95

Indian cheese marinated with herbs & spices overnight then barbecued with onion, tomato & pepper. Served with salad & mint sauce.

JERRA CHICKEN £9.95

A warm chicken dish with hint of ginger garlic paste, fried onions, cumin seeds, coriander & curry leaves .

CHATTINARD £9.95

Chicken cooked in ginger & garlic paste with coconut & green chilli, blended with curry leaf & mustard seeds. A popular dish in South India.

GOAN CHICKEN £9.95

Tender pieces of chicken (or lamb +£1) cooked with green chilli, curry leaf & mustard seeds, blended in a rich coconut milk sauce.

NAGA CHICKEN £9.95

Chicken (or lamb +£1) flavoured with chilli for a madras hot dish, with naga chilli pickle, herbs & spices.

DEVNAS £9.95

Marinated chicken & lamb tikka, cooked in a fairly hot sauce with fresh ginger, onion, peppers, pickled chilli & fresh coriander.

CHICKEN SHASLICK KORAI £10.95

Chicken barbecued in the tandoori together with onion, tomato & pepper then recooked in a medium sauce.

SIGNATURE DISHES

Our signature dishes are served with a side of curry leaf-infused rice.

LAMB SHANK £15.95

Mogul dish of slow-braised lamb shank cooked with fresh ground spices & yoghurt.

LAMB EXOTIC £13.95

Choice cuts of tender lamb, cooked bhuna style in a sweet & sour sauce, with fresh garden mint & a touch of English mustard for that extra kick!

JAIPUR CHICKEN £12.95

Marinated chicken grilled in the tandoori oven, combined with fried onion, capsicum & fresh Punjab masala in a thick sauce.

LAMB NIHARI £13.95

An Indian subcontinent dish consisting of tender lamb marinated in a special home style then slow-cooked with garam masala, nihari masala, mustard seeds & clove. A slightly hot dish.

BENGAL SPECIAL KEEMA £12.95

Whole chicken breast stuffed with cheese & Spanish spices, oven roasted then finished in chef's special minced meat sauce – available mild, medium or hot!

NEPALI MIX MOSS £11.95

Tandoori chicken off the bone, sliced lamb tikka & chicken tikka cooked with fresh herbs & cream.

AKBARI CHICKEN £11.95

Tender chicken strips cooked with minced meat, mushroom & green chilli, with a unique blend of herbs & spices to give an exquisite taste.

RAJASTANI GOSTH £10.95

Fairly hot dish prepared with sliced shanks of grilled lamb, gently simmered in yogurt & tamarind sauce – plenty of strong flavour.

SHAHI AMCHOR £10.95

Marinated chicken (or lamb +£1) cooked with mango, almonds, fresh cream & Malibu.

FISH KORAI £10.95

A medium dish with onion, capsicum & tomato.

FISH MOILEY £10.95

A well known dish from South India with white fish cooked in ginger & garlic paste with coconut & green chilli, blended with curry leaf & mustard seeds.

MIX GRILL KORAI £11.95

Highly flavoured dish with tandoori chicken, chicken tikka, lamb tikka & sheek kebab.